



## New Questions Added to the Self-Directed Learning Tool

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We often think of high risk activities in dietetics as being limited to a few very specific activities such as tube feeding, TPN or dysphagia management. Indeed, in a survey done by the College in 2014, (35% response rate) to identify risk in practice, the top 3 areas of perceived risk were:

- 1) Nutrition Support (Parenteral Nutrition and Enteral Nutrition including Refeeding);
- 2) Swallow assessments and dysphagia management; and
- 3) Diabetes: Insulin adjustments, glucose testing, hypoglycemia management.

In fact, risk in practice is different for different people. That is why reflection and identification of risk in your own practice is key to ensuring safe, ethical and competent practice. To help you reflect on risk in your practice, the College has added two new questions to the 2015 Self-Directed Learning Tool. These questions will prompt you to identify risk as you see it in your practice and then identify protective factors to mitigate the risk. You may also wish to incorporate a learning goal which will help you decrease the identified risk.

### THE NEW QUESTIONS:

Dietetic practice may have inherent risk. As professionals we first must identify where the risk exists and take steps to mitigate that risk. Consider the high risk areas in your practice.

1) Which aspect of your personal competency if developed would help mitigate this risk?

Choose all that apply.

- Knowledge, skill or judgment
- Interprofessional collaboration, communication
- Policy development, organizational management, leadership
- Other (please describe)

2) Will at least one of your 2015 learning goals relate to areas identified above?

- Yes
- No