



Reg Talks Webinar – Writing SMART Learning Goals for Professional Development

Register for the next Reg Talks webinar, where we will work on writing SMART goals!

The College's Professional Practice Program is holding a one-hour regulatory talk ("Reg Talks") webinar on writing goals for professional development and continuing competence. This is a free online session providing dietitians with an opportunity for shared dialogue with the Professional Practice Program.

As reflective, regulated health professionals, dietitians are expected to be safe, competent, and ethical in their practice. Continuing competence reflects a commitment to lifelong learning. The College's Quality Assurance Program recently developed a new SMART Goals Writing Template and Writing Guidelines to help dietitians reflect on their professional learning when completing their annual Self-Directed Learning (SDL) Tool. The SDL tool is intended to guide dietitians' reflection on their practice and professional competence and require them to develop plans for professional improvement.

We invite members and students to attend the Reg Talks webinar. We hope you will join us online!

We will examine:

- Guiding questions to reflect on your professional learning.
- The new SMART Goals Writing Template and Writing Guidelines.
- How to cross-check your goals to make sure they are SMART.
- Practical examples — we'll work through some goals together.
- Question & Answer Period.

An on-demand recording will be posted if you cannot make it or if the sessions are full!

Registration

The number of attendees are limited per session; please register early if interested. We will also post a recording of the webinar to our website for on-demand learning. The webinar will be provided in English.

Information on the Small and Large Group Sessions

Option 1. Small Group Session — One-Hour Facilitated Discussion

- Attendance is limited to 30 participants for each session
- Two sessions will be offered.

If you prefer to be involved in small group discussion, select this option. Depending on what you choose, other participants and the Practice Advisors will be able to see and hear you. You may choose:

- Webcam and microphone (i.e., if you would like to be seen on screen); or
- Leave your webcam off, and just participate via computer audio; or
- Call in by phone.

Dates:

Wednesday, July 21, 1-2 p.m. Click [here](#) to register.

Thursday, July 29, 2021, 1-2 p.m. Click [here](#) to register.

Option 2: Large Group Session — One-Hour Facilitated Discussion

- Attendance is limited to 100 participants for each session
- Two sessions will be offered.

If you prefer to observe and listen, select this session. You may participate through a chat/question feature but will not require a webcam or microphone to participate. You will not be on screen; audio lines will be muted, and participants will not be able to see or hear others.

Dates:

Thursday, August 5, 11-12 p.m. Click [here](#) to register.

Thursday, August 12, 2021 12-1 p.m. Click [here](#) to register.